

# Zinc Bis-glycinate

30mg of elemental zinc and 100mg of vitamin C per teaspoon in a delicious, natural orange flavored liquid to support immunity, mood, skin, hormones and vision.

## Each teaspoon (5ml) contains:

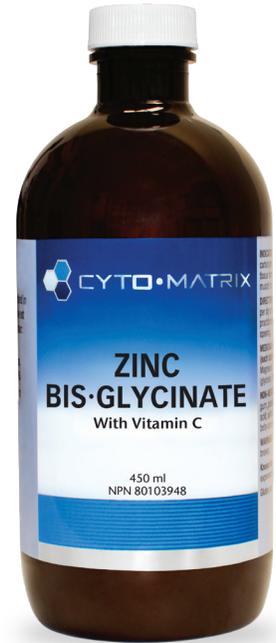
Zinc (TRAACS™ zinc bis-glycinate chelate)*	30mg
Vitamin C (Ascorbic acid)	100mg

450ml

Vegan. GMO, gluten, soy and dairy free.



\*Mineral chelate supplied by Albion Laboratories, Inc. TRAACS® and the Albion Gold Medallion design are registered trademarks of Albion Laboratories Inc. Chelate covered by U.S. Patent 7,838,042.



Suboptimal zinc levels can be a concern throughout the lifespan, classically presenting with symptoms of poor immunity, impaired wound healing, skin conditions and poor taste. However, these are just the most well-known signs of zinc deficiency. Zinc's role in overall health is much more complex.

Zinc's reputation as an immune boosting mineral is well-deserved as it is required for the normal development and function of natural killer cells, neutrophils, macrophages and various cytokines. Research has shown that it is capable of preventing viral replication in the upper respiratory tract, making it acutely indicated during the common cold and other infections.

When it comes to hormonal balance, zinc helps to stabilize insulin and thereby support healthy blood sugar levels. It is also involved in

thyroid health by increasing receptor sensitivity to triiodothyronine (T3). Finally, in males, a zinc-deficiency can negatively affect sperm parameters and it is one of the few nutrients that has been shown to contribute to low testosterone levels.

Other clinical indications for zinc supplementation include eating disorders (anorexia nervosa and bulimia nervosa), age-related macular degeneration and oligospermia. Supplemental zinc has been well-researched and proven to be beneficial in all of these conditions.

Ensuring that the body has optimal zinc levels is not only imperative in populations with the aforementioned clinical conditions, but also special populations that may not be symptomatic but do have greater zinc requirements. These would include

## Key points

- 30mg of elemental zinc per teaspoon serving, in its highly stable and bioavailable bis-glycinate form with 100mg of ascorbic acid for additional immune support
- Indicated for boosting immunity, balancing mood, improving skin health, balancing various hormones and vision support
- Should also be considered in seniors, those with digestive health disorders, vegetarians, pregnant women and those who are on multiple prescription medications.
- Natural orange flavour, lightly sweetened with stevia and xylitol
- Vegan and free from GMO's, gluten, soy and dairy

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**Zinc Bis-glycinate** by Cyto-Matrix provides 30mg of elemental zinc in a fully chelated bisglycinate form for optimal absorption and tolerability, with minimal risk of nausea in even the

most sensitive patients. Each teaspoon also includes 100mg of vitamin C for additional immune support and is delivered in a natural orange flavour, lightly sweetened with stevia and xylitol. **Zinc bis-glycinate** is vegan and free from GMO's, gluten, soy and dairy.

## Related products

A·C·E·S + Zinc  
Active A·C·E·S + Zinc  
C·Matrix  
Cyto·C  
IM·Matrix  
Immune Matrix  
Flora·Matrix Infant Liquid  
Flora·Matrix Kids Chewable  
Flora·Matrix Immune  
Mushroom Matrix  
Saccharo·B  
Zinc Bis-glycinate  
Zinc Citrate

**Indications:** A factor in the maintenance of good health. Helps in connective tissue formation, wound healing and to maintain healthy skin. Helps to maintain immune function.

**Directions:** Adults: Take 1 teaspoon (5ml) per day with food, or as directed by a healthcare professional. Take a few hours before or after taking other medications or natural health products. Adolescents 9-18: Take 1/2 teaspoon (2.5ml) per day with food, or as directed by a healthcare professional. Take a few hours before or after taking other medications or natural health products. Refrigerate after opening.

**Non-Medicinal Ingredients:** Vegetable juice (carrot, pumpkin), purified water, stevia, xylitol, silica, natural orange flavour, glycerin, maltodextrin, potassium sorbate, citric acid.

**Warnings:** Do not use if safety seal is broken.

**Known Adverse Reactions:** Zinc supplementation can cause a copper deficiency.



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