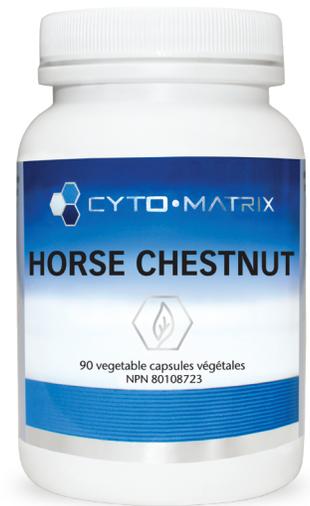


# Horse Chestnut

A highly potent extract of *Aesculus hippocastanum* seed extract, designed to improve blood flow, capillary integrity and symptoms of venous insufficiency. Sustainably sourced, traceable and GMO free.

Each capsule contains:

|   |       |
|---|-------|
| Horse-chestnut extract (seed, <i>Aesculus hippocastanum</i> ) | 375mg |
| Aescin 20%, 5:1, DHE 1875mg                                   |       |



90 vegetable capsules



\*PhytoProof® is a registered trademark of Euromed USA, Inc

Vegan. GMO, gluten, soy and dairy free.

*Aesculus hippocastanum*, also known as **Horse Chestnut**, is a herb traditionally used to improve symptoms of chronic venous insufficiency such as hemorrhoids and varicose veins. Chronic venous insufficiency leads to symptoms of itching, pain, discoloration and edema in the legs, creating both medical and aesthetic concerns. Modern research has confirmed that the active ingredient responsible for improving blood vessel integrity is known as escin. Escin has been found to increase nitric oxide production within the endothelial cells, thereby improving blood flow.

Clinical trials have found that horse chestnut extract can reduce pain and leg swelling associated with chronic

## Key points

- 375 mg (5:1 extract; Dried Herb Equivalent [DHE] 1875mg) of *Aesculus hippocastanum* seed extract, standardized to contain a minimum of 20% escin content (75mg) per vegetable capsule
- Designed to improve blood flow, capillary integrity and conditions of venous insufficiency such as hemorrhoids and varicose veins
- Guaranteed to be free of esculin, a coumarin compound that can cause gastric distress in significant amounts
- A part of the Herbal Matrix series, containing sustainably sourced, traceable and GMO free herbs with potent therapeutic properties
- 90 vegetable capsules per bottle

venous insufficiency and also significant reduction in symptoms, bleeding, and improvements in endoscopic evaluations in those with hemorrhoids. One trial showed that 82% of subjects had hemorrhoid improvements compared to only 32% in placebo, with most benefits acutely apparent within just six days of starting supplementation. Conversely, many studies for chronic venous insufficiency find that maximum benefits occur within 1-3 months of supplementation. The evidence-based dose for *Aesculus hippocastanum* appears to be mostly dependent on escin content, which should reach a minimum 150 mg per day, rather than the dried herb equivalent or total extract amount.

**Horse Chestnut** from Cyto-Matrix contains 375mg of *Aesculus hippocastanum* seed extract,

standardized to contain a minimum of 20% escin content (75mg) per vegetable capsule. **Horse Chestnut** is also guaranteed to be free of esculin, a coumarin compound that can cause gastric distress in significant amounts. Each bottle of **Horse Chestnut** contains 90 vegetable capsules.

**Horse Chestnut** is a part of the Cyto-Matrix Herbal Matrix Series, containing sustainably sourced, traceable and GMO free herbs with potent therapeutic properties. Each herb is extracted and tested to ensure the standardization of active ingredients, ultimately leading to efficacious, predictable and reliable products. The Cyto-Matrix Herbal Matrix Series of herbal extracts is beneficial for both the health of individuals, and also the health of our planet and future generations.

## Related products

Black Cohosh  
Brain-Matrix  
Cyto-C  
C-Matrix  
Echinacea  
Ginkgo Biloba  
Horse Chestnut  
Panax Ginseng  
Resvera-Matrix  
St. John's Wort

**Non-Medicinal Ingredients:** Vegetable-grade magnesium stearate, microcrystalline cellulose, brown rice flour. Capsule: hypromellose.

**Indications:** Traditionally used in Herbal Medicine to help treat haemorrhoids. Used in Herbal Medicine to help treat varicose veins, chronic venous insufficiency and associated symptoms.

**Directions:** Adults - Take 1 capsule, 1-2 times per day or as directed by a healthcare professional.

**Warnings:** Do not use if safety seal is broken. Consult a healthcare professional prior to use, especially if you are pregnant or breastfeeding. Consult a healthcare professional if symptoms persist or worsen.

**Known Adverse Reactions:** Some people may experience headache, dizziness, gastric irritation, or itchiness.



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