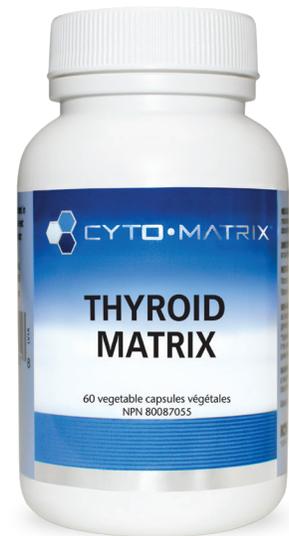


Thyroid Matrix

Providing the building blocks and minerals necessary for an active and healthy thyroid gland. Added herbal support and nutrients to balance cortisol and optimize adrenal function.

Each vegetable capsule contains:

L-Tyrosine	450 mg
Ashwagandha extract (root) 1.5% withanolides	100 mg
Zinc (TRAACS™ zinc bisglycinate chelate)*	7.5 mg
Copper (TRAACS™ copper bisglycinate chelate)*	1.5 mg
Manganese (TRAACS™ manganese bisglycinate chelate)*	500 mcg
Iodine (<i>Laminaria digitata/Ascophyllum nodosum</i>)	200 mcg
Selenium (Albion™ selenium glycinate complex)*	100 mcg



*Mineral chelate supplied by Albion Laboratories, Inc. TRAACS™ and the Albion Gold Medallion design are registered trademarks of Albion Laboratories, Inc. Chelate covered by U.S. Patent 7,838,042.

60 Vegetable capsules

Vegan. GMO, gluten, soy and dairy free.

Poor thyroid health has become one of the most common concerns in the developed world today. Inadequate nutrition, excess stress and polypharmacy all contribute to the ever-rising concern of low thyroid function. Thyroid Matrix is a blend of nutrients designed to address all of these factors.

Selenium is crucial for the proper conversion of the less active thyroid hormone, thyroxine (T4), into the metabolically active triiodothyronine (T3). Without selenium, the metabolically inactive reverse T3 (rT3) is created instead, putting our bodies into a disadvantageous metabolic state. Zinc, iodine, manganese and

copper are also necessary for proper thyroid hormone production, while zinc is also particularly important for increasing thyroid receptor sensitivity. All of these minerals are found in highly bioavailable forms, fully chelated with glycine for optimal stability and absorption.

L-tyrosine is the amino acid building block for thyroid hormones. It is the same amino acid needed to make our anti-stress hormone, cortisol, and neurotransmitters such as dopamine, norepinephrine and epinephrine. Studies have shown that supplementation can improve cognition during times of stress, reduce

Key points

- Provides the nutrients necessary to synthesize thyroid hormone, including L-tyrosine and iodine
- Minerals such as selenium, zinc, manganese and copper are needed to properly activate thyroid hormone and improve receptor sensitivity. All found in highly bioavailable forms, chelated with glycine.
- *Withania somnifera* is added for cortisol modulation and its ability to upregulate thyroid function



thyroid stimulating hormone (TSH) and increase serum free T3. Including L-tyrosine in Thyroid Matrix is essential for the dual care of both the thyroid and the supporting adrenal glands.

Finally, we have withania somnifera, also known as ashwagandha. This herb is most commonly known for its adaptogenic properties and ability to improve performance during times

of stress. However, ashwagandha is a unique adaptogenic herb in that it has a specific affinity for supporting thyroid function, shown to increase thyroid hormone secretion in animal studies.

Collectively, Thyroid Matrix supports the health of the thyroid gland and thyroid hormones on many levels, allowing for a gentle, yet effective, approach to a low functioning thyroid.

Related products

Adrenal Matrix
Metabolism Matrix
SelenoSorb
Zinc Citrate

Non-Medicinal Ingredients: Vegetable-grade stearate, hypromellose.

Indications: Helps in the function of the thyroid gland.

Directions: Adults-Take 2 capsules per day or as directed by a healthcare professional.

Contraindications: Do not use if you are pregnant or breastfeeding.

Warnings: Do not use if safety seal is broken. Consult a healthcare professional prior to use especially if you have a history of non-melanoma skin cancer. Consumption with alcohol, other drugs or natural health products with sedative properties is not recommended.



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