

Cyto·D3 Kids Drops 400IU

400 IU of stable and active vitamin D3 per drop to support optimal growth and development in the pediatric population, delivered in a highly bioavailable medium-chain triglyceride base.

GMO Free

Gluten Free

Dairy Free



- Essential for the proper growth and development of the immune system, skeletal system, nervous system, dermal tissues and more
- 400 IU of stable vitamin D3 per drop, allowing for variable and condition-specific dosing
- Delivered in a medium chain triglyceride (MCT) base, sourced from coconut oil, for optimal bioavailability

Vitamin D3, also known as cholecalciferol, is the preferred form of vitamin D for optimal bioavailability and function within the body. It is naturally photosynthesized in the skin tissue from the cholesterol compound 7-dehydrocholesterol after exposure to UV-B rays. However, infants, toddlers and children of all ages are caught in a problematic situation - protection from sun damage is paramount for prevention of future health concerns, yet avoiding the sun leads to suboptimal vitamin D levels which are important for healthy growth and development.

Although breast milk is considered to be a complete food for breastfed infants, there is an important caveat regarding vitamin D. Multiple research trials

have confirmed that vitamin D deficiencies are highly prevalent among pregnant and lactating women, as well as their breastfed infants. The incidence and severity of vitamin D deficiency are even higher in northern latitudes. For these reasons, Health Canada recommends that healthy infants who are exclusively breastfed should receive 400 IU/day of supplemental vitamin D3. The Canadian Pediatric Society suggests that northern communities receive an even greater supplemental intake of 800 IU/day during the winter months.

Ensuring adequate vitamin D levels in children is essential for the proper growth and development of the immune system, skeletal system, nervous system and for dermal health, among many other benefits. In fact, vitamin D receptors (VDR's) are found in dozens of tissues, including thyroid, adrenal, pancreas, skeletal muscle, cardiovascular tissue, colon, liver, kidney and retina.

Cyto·D3 Kids is designed to aid in the prevention of vitamin D3 deficiency. Each Cyto·D3 Kids bottle provides 15mL, with a concentration of 400 IU's of vitamin D3 per drop. Cyto·D3 Kids delivers vitamin

D3 in a medium chain triglyceride oil base sourced from coconut oil to encourage optimal stability, absorption and bioavailability.

Each drop contains

Vitamin D3 400IU (10mcg)
(cholecalciferol)

Non-Medicinal Ingredients

Medium chain triglycerides from coconut, d-alpha tocopherol.

Recommended Use Claim

Helps in the development and maintenance of bones and teeth. Helps in the absorption and use of calcium.

Directions of Use

Infants and older - Take 1 drop per day or as directed by a healthcare professional.

Cautions and Warnings

Do not use if safety seal is broken.

Storage Conditions

Do not use if safety seal is broken.